#### 2010 MASSAGE CONTINUING EDUCATION CALENDAR

Gwinnett College and Gwinnett College – Sandy Springs (formerly Rising Spirit Institute of Natural Health) are pleased to offer the following classes in Continuing Education in Massage Therapy. Please continue to check back as courses will be added throughout 2010.

Gwinnett College 4230 Highway 29, Suite 11 Lilburn, GA 30047

Gwinnett College – Sandy Springs 6690 Roswell Road NE, Suite 2200 Sandy Springs, GA 30328

All classes are NCBTMB board approved under provider number 450713-08.

A blank Registration form is included at the end of the packet.

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TO BE DIRECTED TO THE INFORMATION ABOUT THE CLASS, PRESS CONTROL (CTRL) ON YOUR KEYBOARD AND LEFT-MOUSE CLICK THE NAME OF THE CLASS

## January 2010

#### **Total Matrix Integration Systems**

Presenter: Dr. Marc Ellis, Georgia Chiropractic Neurology Center

Date: Sunday, January 31, 2010

CEU's: 8

Price: \$65 (FULL)

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

The muscles and fascia are a strong influence on the alignment of joints. Sometimes you will find that a joint will not stabilize after an adjustment, and then you need to look at the muscles and fascia. Dr. Ellis is offering a great opportunity for us to learn how to work with the myofascial system so that we can better take care of our patients. this is a one day course and will offer hands on experience. Please bring any adjusting tools you might have with you, such as an Activator, Arthrostem or Speeder board. While intended for chiropractors, this course is approved by the NCBTMB for 8 CEUS.

<u>Click Here</u> for more information on Dr. Ellis.

## February 2010

## **Total Matrix Integration Systems: Muscle Testing and Short Lever Stretching of the Upper Extremity**

Presenter: Dr. Marc Ellis, Georgia Chiropractic Neurology Center
Dates: Saturday, February 20, 2010 – Sunday, February 21, 2010

CEU's: 12 Price: \$195

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

### **March 2010**

## Manual Lymphatic Drainage with the Dr. Vodder Institute - ONLY 12 SPOTS AVAILABLE!

Presenter: Dr. Vodder School International

Dates: Saturday, March 20, 2010 – Monday, March 22, 2010

CEU's: 20 Price: \$550

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

**Dr. Vodder School International** - The Basic Face & Neck 3-Day Class is a full 20 Hours (20 CE's). Students are required to attend all class hours to earn the Completion Certificate from the Dr Vodder School International.

<u>Click here</u> for refund policy and more information!

## **April 2010**

### **Advanced Theories and Applications of Swedish Massage**

Presenter: Ife Adaralegbe

Date: Saturday, April 10, 2010

CEU's: 8 Price: \$65

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

## **Total Matrix Integration Systems: Advanced TMJ and Cranials**

Presenter: Dr. Marc Ellis, Georgia Chiropractic Neurology Center, assisted by Robyn Nadel

Date: Saturday, April 10, 2010

CEU's: 12 Price: \$195

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

## May 2010

#### Oh, Not Just Another Chakra Energy Class

Presenter: Bob Heath

Date: Saturday, May 8, 2010 – Sunday, May 9, 2010

CEU's: 12 Price: \$125

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

Bob is a 21<sup>st</sup> Degree Initiate of Tibetan Kala-Chakra, Ava-lokitesh-vara (taken from the Dalai Lama), Vajra Kaliya, Reiki Master.

This is a beginning to intermediate level course on how to perceive and use energy as a functioning part of your practice. The first day will be a complete breakdown of the Chakra system, both as individual units and as a cohesive whole. For example, each Chakra has different sections. You will learn how to perceive this, balance it in one another, and how to balance it in our clients. You will learn how to apply these techniques through hands-on massage.

The second day, we will add crystal and stone energies to those techniques in a hands-on way. We will cover things like gritting, massage tools, setting up a room, and learning how to clean and charge crystals. You will learn to perceive which stones to use and how to apply them.

Click here for more information.

### **CranioSacral Therapy**

Presenter: The Upledger Institute

Date: Thursday, May 13, 2010 – Sunday May 16, 2010

CEU's: 24

Price: \$595 – before March 13, 2010

\$695 – before April 13, 2010 \$795 – after April 13, 2010

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

Refunds: Tuition is fully refundable up to 30 days prior to a class less a \$50 processing fee. No

refunds will be given after April 27th.

By the end of this 4-day workshop you should be able to:

- Describe the scientific foundation and principles of CranioSacral Therapy and why it's the key to relieving pain and dysfunction at their source
- Demonstrate finely tuned palpation skills you can rely on as highly sensitive and intuitive healthcare tools
- Identify the subtle craniosacral rhythm and interpret its patterns to accurately evaluate dysfunction and improvements
- Locate the source of physical problems by traveling through the fascial system, that complex web of tissue that impacts all body structures and systems
- Release dural tube restrictions to enhance interactions between the central nervous system and the rest of the body
- Use techniques that produce dramatic health and relaxation effects, including Direction of Energy and Still-Point Induction
  - Work with approaches to a number of common ailments such as TMJ dysfunction, head and neck pain, central nervous system disorders and many more
- Put a simple, effective 10-Step Protocol into practice right away
   Prerequisite: Professional healthcare practitioner, student in healthcare program or graduate of awaiting licensure/accreditation.
- If you have never experienced CranioSacral Therapy for yourself, it is recommended, but not required, that you have a session prior to class. This will help you gain valuable insights into how the technique works and what its effects are on the body. To find a CranioSacral Therapy practitioner in your area, click here.

Click here for more information.

#### **Sports Massage - PTOA (Posttraumatic Osteoarthritis)**

Presenter: Adrian Carr

Date: Saturday, May 22, 2010 – Sunday May 23, 2010

CEU's: 12

Price: \$295 – before April 22, 2010

\$345 – after April 22, 2010

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

#### Learn the protocol for:

- Training Time Massage Therapy
- Pre-event Massage Therapy
- Post-event Massage Therapy
- Cause of common sports injuries
- Massage treatment PTOA

Celebrity, Professional Athlete will be used during demo. Athlete to be announced.

## June 2010

Are you interested in teaching your Continuing Education class? Call Sherman Anderson at (770)381-7200!

## July 2010

Are you interested in teaching your Continuing Education class? Call Sherman Anderson at (770)381-7200!

## August 2010

## **Anatomical Manikin Sculpting**

Presenter: Robyn Nadel

Date: Saturday, August 14, 2010 – Sunday August 15, 2010

CEU's: 12 Price: \$195

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

This will be an advanced anatomy and physiology class where the learners will build the muscular system on a skeleton. The cost will include the skeleton and sculpting clay.

## September 2010

#### Thai Massage I

Presenter: Dr. Camden Clay

Date: Wednesday, September 8, 2010

CEU's: 6 Price: \$125

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

Dr. Clay graduated from Life Chiropractic College in 1983. He has studied Thai Massage for over 19 years, including 4 trips to Thailand studying one-on-one with extraordinary Thai Massage Masters. Dr. Clay has taught 198 one-day Thai Massage Workshops over the past 16 years.

<u>Click here</u> for more information.

Courses are not prerequisite of one another.

## **Total Matrix Integration Systems: Core Balancing Bands and Advanced Kinesiology**

Presenter: Dr. Marc Ellis, Georgia Chiropractic Neurology Center, assisted by Robyn Nadel

Dates: Saturday, September 11, 2010 – Sunday, September 12, 2010

CEU's: 12 Price: \$195

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

Click here for more information.

### Thai Massage II

Presenter: Dr. Camden Clay

Date: Wednesday, September 15, 2010

CEU's: 6 Price: \$125

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

Dr. Clay graduated from Life Chiropractic College in 1983. He has studied Thai Massage for over 19 years, including 4 trips to Thailand studying one-on-one with extraordinary Thai Massage Masters. Dr. Clay has taught 198 one-day Thai Massage Workshops over the past 16 years.

Click here for more information.

Courses are not prerequisite of one another.

### Thai Massage III

Presenter: Dr. Camden Clay

Date: Wednesday, September 22, 2010

CEU's: 6 Price: \$125

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

Dr. Clay graduated from Life Chiropractic College in 1983. He has studied Thai Massage for over 19 years, including 4 trips to Thailand studying one-on-one with extraordinary Thai Massage Masters. Dr. Clay has taught 198 one-day Thai Massage Workshops over the past 16 years.

**Click here** for more information.

Courses are not prerequisite of one another.

## **Total Matrix Integration Systems: Somatic Myofascial Restructuring and Short Lever Stretching of the Upper Extremities**

Presenter: Dr. Marc Ellis, Georgia Chiropractic Neurology Center, assisted by Robyn Nadel

Dates: Saturday, September 25, 2010 – Sunday, September 26, 2010

CEU's: 12 Price: \$195

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

Click here for more information.

#### Thai Massage IV

Presenter: Dr. Camden Clay

Date: Wednesday, September 29, 2010

CEU's: 6 Price: \$125

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

Dr. Clay graduated from Life Chiropractic College in 1983. He has studied Thai Massage for over 19 years, including 4 trips to Thailand studying one-on-one with extraordinary Thai Massage Masters. Dr. Clay has taught 198 one-day Thai Massage Workshops over the past 16 years.

Click here for more information.

Courses are not prerequisite of one another.

### **CranioSacral Therapy**

Presenter: The Upledger Institute

Dates: Thursday, September 30<sup>th</sup> – Sunday, October 3rd, 2010

CEU's: 24

Location:

Price: \$595 – before July 30, 2010

\$695 – before August 30, 2010 \$795 – after August 30, 2010 Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

Refunds: Tuition is fully refundable up to 30 days prior to a class less a \$50 processing fee. No

refunds will be given after September 1st.

By the end of this 4-day workshop you should be able to:

- Describe the scientific foundation and principles of CranioSacral Therapy and why it's the key to relieving pain and dysfunction at their source
- Demonstrate finely tuned palpation skills you can rely on as highly sensitive and intuitive healthcare tools
- Identify the subtle craniosacral rhythm and interpret its patterns to accurately evaluate dysfunction and improvements
- Locate the source of physical problems by traveling through the fascial system, that complex web of tissue that impacts all body structures and systems
- Release dural tube restrictions to enhance interactions between the central nervous system and the rest of the body
- Use techniques that produce dramatic health and relaxation effects, including Direction of Energy and Still-Point Induction
   Work with approaches to a number of common ailments such as TMJ dysfunction, head an
  - Work with approaches to a number of common ailments such as TMJ dysfunction, head and neck pain, central nervous system disorders and many more
- Put a simple, effective 10-Step Protocol into practice right away
   Prerequisite: Professional healthcare practitioner, student in healthcare program or graduate of awaiting licensure/accreditation.
- If you have never experienced CranioSacral Therapy for yourself, it is recommended, but not required, that you have a session prior to class. This will help you gain valuable insights into how the technique works and what its effects are on the body. To find a CranioSacral Therapy practitioner in your area, click here.

### October 2010

#### **Muscle Testing - Four Part Series**

Presenter: Dr. Camden Clay

Dates: Wednesday, October 6, 2010

Wednesday, October 13, 2010 Wednesday, October 20, 2010 Wednesday, October 27, 2010

CEU's: 24 Price: \$500

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

Dr. Clay graduated from Life Chiropractic College in 1983. He has studied Thai Massage for over 19 years, including 4 trips to Thailand studying one-on-one with extraordinary Thai Massage Masters. Dr. Clay has taught 198 one-day Thai Massage Workshops over the past 16 years.

Click here for more information.

Courses are not prerequisite of one another.

# **Total Matrix Integration Systems: Ligament and Tendon Fascial Treatments Plus Muscle Testing**

Presenter: Dr. Marc Ellis, Georgia Chiropractic Neurology Center Dates: Saturday, October 9, 2010 – Sunday, October 10, 2010

CEU's: 12 Price: \$195

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

## **Total Matrix Integration Systems: Ligament and Tendon Fascial Treatments Plus Muscle Testing**

Presenter: Dr. Marc Ellis, Georgia Chiropractic Neurology Center
Dates: Saturday, October 16, 2010 – Sunday, October 17, 2010

CEU's: 12 Price: \$195

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

Click here for more information.

### **Total Matrix Integration Systems: Short Lever Stretching of the Torso**

Presenter: Dr. Marc Ellis, Georgia Chiropractic Neurology Center
Dates: Saturday, October 23, 2010 – Sunday, October 24, 2010

CEU's: 12 Price: \$195

Location: Gwinnett College – Sandy Springs

Contact: Joann Garmon at (770)381-7200, Monday through Friday

## **November 2010**

Are you interested in teaching your Continuing Education class? Call Sherman Anderson at (770)381-7200!

## December 2010

Are you interested in teaching your Continuing Education class? Call Sherman Anderson at (770)381-7200!

## <u>Gwinnett College</u> Continuing Education Class Sign-up Form \*All Information Marked With An ( \* ) Must Be Completed\*

Date*:	Name*:				
Address:*		City*:	State*:	Zip*:	
Work Phone*:	Home Phone*:				
Mobile Phone:	Fax Number:				
E-Mail*:					
Class Date:		Tuition:			
Instructor:		CEUs:			
Class Location:					
Payment Method (Circle One (if they are going to mail us a chec					
Credit Card Number:					
Card Exp Date:	Card	l Code:			
Name On Card (if different tha	n above):				
Who Completed This Info Sl	heet*				

Refund Policy: The refund policy varies depending on the course and the instructor. Please check the website for an explanation of the refund policy for the course selected.

Please Make Sure Everything Is Legible And That All Information Is Completed. Please Email this form to Joann Garmon at jgarmon@gwinnettcollege.edu or by fax to (770) 381-0454. You may also contact Ms. Garmon by phone at (770) 381-7200 between 1:00 and 10:00 p.m. Monday through Thursday and on Friday from 9:00 a.m. until 6:00 p.m. Thank You Very Much!!